

Spring/Summer 2010



Stage 1 Menu Week 1 of 4

All food is puréed for children's requirements

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Green bean & potato Apricot	Leek & swede Apple & mango	Carrot & potato Peach	Courgette & sweet potato Banana	Broccoli, parsnip & spinach Pear
<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>
Carrot & potato Pear	Pea & potato Peach	Broccoli, potato & spinach Prune & apple	Spinach & sweet potato Apple	Pea & potato Banana

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Stage 1 Menu Week 2 of 4

All food is puréed for children's requirements

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Sweet potato & pea Melon & rice	Broccoli & swede Pear	Carrot & potato Peach	Broccoli & potato Mango & apple	Sweet potato & courgette Apple & pear
<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>
Leek & potato Banana	Courgette & potato Apple	Parsnip & green bean Prune & apricot	Carrot & pea Pear	Potato & green bean Peach

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Stage 1 Menu Week 3 of 4

All food is puréed for children's requirements

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Broccoli & potato Apple	Potato & courgette Banana	Pea & sweet potato Apricot	Cauliflower & broccoli Prune & apple	Carrot & swede Pear
<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>
Peas & sweet potato Apricot	Parsnip & leek Apple	Butternut squash & carrot Peach	Potato & green beans Melon & rice	Leek & potato Banana

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Stage 1 Menu Week 4 of 4

All food is puréed for children's requirements

Monday	Tuesday	Wednesday	Thursday	Friday
<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>	<i>Lunch</i>
Broccoli & swede Apricot	Potato & courgette Pear	Pea & potato Apple	Sweet potato & parsnip Mango & apple	Broccoli & potato Pear
<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>	<i>Tea</i>
Carrot & potato Melon & rice	Pea & sweet potato Banana	Butternut squash and carrot Apricot & prune	Swede & leek Peach	Courgette, cauliflower and chickpea Pear